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Meet Amanda Collins of International Feng Shui School in San Diego



Today we'd like to introduce you to Amanda Collins.

Amanda, please share your story with us.

As a little girl, as that I wanted was to be in nature and connect with nature and if I had to go inside, I would bring nature in with me. Plants, crystals, water features, so I had been practicing feng shui even as a little girl. When I moved from Ireland to San Diego over 20 years ago, people used to walk into my home and asked me had it been Feng

shui'd. At that time, I did not even know what feng shui was, but after the 10 people asked me about my home, I had to find out all about it. So, I went to the library and could not read enough. I then went to China to study with feng shui masters and have spent the past 20 years teaching and exploring feng shui and sacred sites around the world. I believe joy is our birthright. So are, its sisters, magic, and miracles. But through life's challenges, we can lose sight of our essential nature and have to find our way back home. As a working mom, I understand how we can forego self-care and forget self-love in the midst of a big project, a basketful of muddy laundry or life crisis. I also know, we can reclaim our joy every day — living with the playfulness of a child, love of a mother and wisdom of a goddess.

You've come to the right place to heal old wounds, stroke your inner magic, bring the sacred into everyday life, create a home that's your personal palace, live, work and parent consciously and ultimately love yourself and your life.

Do you remember a moment when you felt the simple blessing of being? No matter who we are or what life gives us, we can tap this reservoir of love because it's our true self. I remember feeling connected to all of life as a girl growing up in the Irish countryside. My chestnut-colored pony Midnight Star was my chariot. We'd hop fallen trees, gallop down mountains and swim in the ocean, reveling in each other and the earth. I'd sing with the fairies of the forest, never questioning the magic abounding. I felt love for all that is!

But, like you, I've suffered my share of childhood wounds and adult heartbreaks. I moved to the United States when I was just 21, in search of healing and my true self. I loved that you could be and do anything in America. But after getting into a toxic relationship, I realized that we carry old pains and unconscious patterns wherever we go. I examined my beliefs around love and focused on loving me. When I felt truly content with who I am, my knight and the man I would marry galloped into my life.

Our relationship would soon be tested after a series of losses. First, my best friend died of cancer. Then, like dominoes, my husband and I lost our house, our business, and almost our marriage, after a stranger violently attacked me in our home. I reached deep inside to my 'wild woman' to literally save my life. From that dark chasm, I surrendered fully to my high self, the Source of all there is the Universe. Whatever you

call it, I learned to flow with life and see its gifts in unexpected wrappings. I came to believe that twenty percent of life is what happens to us and a whopping eighty percent is how we respond. Today, I enjoy a more beautiful life than I could have imagined — and I want to help you do the same!

I've traveled the globe learning about the world's great wisdom traditions. I've studied Feng Shui with masters in China, healing with aborigines in Australia and shamanism in Peru's sacred valley. I'm a certified yoga teacher, reiki practitioner, high priestess and Feng Shui Master.

It's a joy to see clients get a dream job, find their life partner, become pregnant, get healthy or manifest some other heart desire through the potent magic of Feng Shui. While I draw from these traditions, my main intent is to awaken you to the love and joy inside right now — no journey abroad required!

After eighteen years living in America, I'm blessed with a beautiful home and life back in Ireland — and the opportunity to teach and consult throughout Europe and America. My husband and I live down the road from my parent's farm with our two young children and a flock of hens. We're in a stone cottage straddled by virgin forest, beachside cliffs, and mystical mountains. We grow our own vegetables and blissfully explore the countryside with our little ones. My son and daughter are my gurus, teaching me endless patience, how to love more unconditionally than I knew possible, to be fully present to the messiness of life and to jump in rain puddles with full abandon. I've also learned the self-care and spiritual practices I need to stay balanced and would love to help you find your own. Shall we begin?

Whether you live in the city or country, are single or have a houseful of children, I'm here to help you create a life you love — one that emanates from the deep reservoir of joy inside your very own heart. And then, like a child at play, you'll marvel at the magic and miracles all around.

Amanda Collins is an inspirational speaker, self-love guide, and Feng Shui Master. She founded the International Feng Shui School and training program, which offers in-person and on-line certification courses. Amanda created the Inner Circle of Wisdom as a source of support, inspiration, and friendship to help you find your own joy, invite

miracles and live your greatest self. You can access her latest videos, webinars, podcasts, meditations and on-line community anywhere in the world. Amanda also leads sacred journeys around Ireland, tapping into an ancient ritual with an uncanny ability to make modern-day magic. Notable clients such as Bloomingdales, Bank of America, Hewlett-Packard and Dreamworks have reported breakthroughs with her Feng Shui consulting. She is frequently interviewed in the media and has appeared in Vogue, Yoga Journal, Spirit and Destiny, Irish Examiner, RTE Television in Ireland, Fox News and KSWB-TV. Amanda has studied wisdom traditions around the world and is a certified yoga teacher, shaman, and high priestess. Her calling is to help people let go of old belief systems and awaken to their inner joy.

Overall, has it been relatively smooth? If not, what were some of the struggles along the way?

The journey with working with feng shui and helping people with self-love and inspiration has been a magical as I am so clear this is exactly what I am meant to be doing in the world. as well as being a mother to my two babies.

I have just followed guidance and intuition as well as what all my students and clients ask of me and that is how I get the guidance on whats next, where to take them on spiritual journeys, what to teach next.

Please tell us about International Feng Shui School.

We are a Feng Shui Certification school and teach people how to be a certified Feng Shui Consultant.

I am a Feng Shui master, inspirational speaker, and self-love guide.

Everything I do is with this mission: awaken you to the authentic joy inside. I lead people like you on spiritual journeys around the world, your own home, and your inner landscape.

My offerings include free podcasts, videos, and blogs, as well as online courses and the Inner Circle of Wisdom. I also lead retreats, sacred journeys and Feng Shui training around Europe.

What sets you apart from others?

As I know that I am on the path that I am meant to be, I see it makes a difference in the lives of the people I work with and all that I do comes from my heart and soul. I LOVE what I do and I think that's what really makes the difference. I am very intuitive and always creating new retreats, blogs, podcasts to support my clients so they stay with me. Some of my clients have been working with me for over 15 years.

If you had to go back in time and start over, would you have done anything differently?

I am not sure if I would do things differently perhaps, get more help and not have done so much by myself. I feel, I am always finding ways to rebalance my work, family, self care life as things are always shifting.

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