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live a life filled with *magic & miracles*

LEARNING HOW TO MANIFEST MIRACLES.

by Amanda Collins

When you align with the miracle you desire, it becomes available to you.

Of course you can also do amazing external things like create a vision board or a personal ritual, but manifestation really is an internal process of tapping into your higher self and your heart. Meditation, affirmations and visualisations can take you to that place of alignment. Ground your energy, come into your heart, and connect with Source. The magic of the universe is just waiting to support you.

Being clear is really important.

If you want to open to something new in your life – some kind of magic or miracle – be clear about it. You may really have to work on affirming “*I am good enough*” or “*I do deserve this because I am no longer that old story.*” When you leave an old belief system and create a new paradigm for yourself, then the universe goes, “*Check!*” and miracles happen.

You need to clear your energy of old beliefs and find the best tools for your new belief system, whether that is from journaling, getting out in nature, or just saying “*I am done with the old and stepping into the new.*” Be clear on what you want to bring in.

Next, think and feel your intention.

Whatever you want to open up to, you have to tap into that feeling. If you want to bring in abundance but you’re always saying, “*I can’t afford this, I can’t afford that*” and you’re always feeling a lack, it will be very hard for you to align with the vibration of abundance. You have to feel abundant to bring more in. Be aware that there is an abundance of beauty around you, or state, “*I have an abundance of love to give.*”

“I send love to all those whom I know and I don’t know, and then I go into my dream time, saying ‘OK, Universe, this is the miracle I’m ready for.’ ”

Detach and release old patterns and obstacles.

For example, to bring in your soulmate or vibrant health, be clear what you’re going to accept and not accept. Instead of thinking “*When am I going to meet my soulmate?*” or “*When am I going to get healthy?*” you have to really trust that all happens in divine timing and it’s all perfectly aligned.

Use the power of gratitude.

Be grateful for all that you have, even simple things like running water, food, being able to cook, having shelter, amazing friends, family, pets, or whatever it may be. It may serve a purpose for a while to access lower vibrations such as guilt, shame, and anger, but when you can bring yourself into a higher vibration such as, “*I am grateful,*” things will shift. The minute you’re in an energy of gratitude, you’re going to keep attracting more to be grateful for.

I suggest having some kind of gratitude journal or a chalkboard. Every day, write down what you’re grateful for, or the intentions that you want to bring in. It’s not about controlling, but about understanding how the universe works, being clear in thought, in energy, and in the directions you give to the universe.

Detach, be in your joy, have fun!

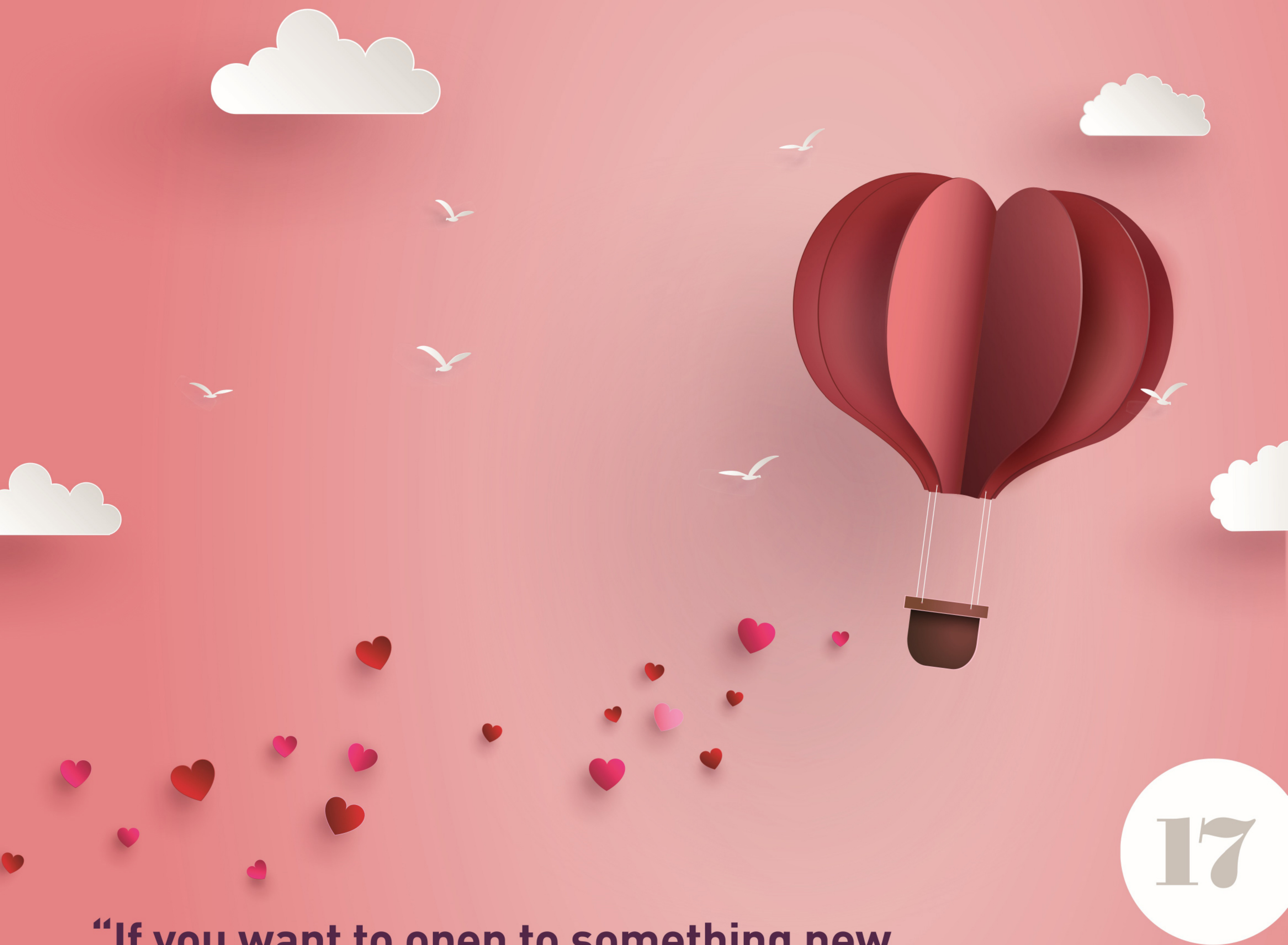
If you’re sitting around asking yourself, “*Has it happened yet?*” or “*Why hasn’t it happened yet?*” you are not being detached. You are not trusting. You are holding on and trying to control the universe. If you just go off and have a good time, it will happen. I used all my Feng Shui principles to meet a husband, and then I just took a trip to Miami, and there he was. I trusted it would happen when it was meant to, and it did.

Use the power of forgiveness.

If you want to create a lot of magic and miracles in your life, let go of old patterns and beliefs to free your energy. Forgive anybody you need to forgive. If you’re holding resentment, anger, or feelings of abandonment, it’s time to let those go and forgive yourself and others you need to forgive.

Work with miracles in your dream time.

When I get into bed, I always give thanks and gratitude, send the angels out, and set an intention for world peace. I send love to all those whom I know and I don’t know, and then I go into my dream time, saying “*OK, Universe, this is the miracle I’m ready for.*” Then my higher self works subconsciously.



**“If you want to open to something new
in your life, be clear about it.”**

Use affirmations and visualisations.

Write your own affirmations, stating them in the present tense, as if whatever you wish to manifest has already happened. Repeat the affirmation, write it on a piece of paper, place it on your altar, or meditate with it. Successful athletes close their eyes and win the race in their minds. Visualising can bring you to your full potential.

Miracles and magic are happening all around. Look up at the sky occasionally. Look up at the birds. See what animals are appearing. Listen to what you hear from people. Listen to messages. Listen and follow the guidance you receive. The more that you tap into Source, connect with the earth, and connect with your heart, the more likely it is that you will manifest everything that you want in your life.

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