



# 10 Ways to Turn Your Home on to Love with Feng Shui

**GUEST CONTRIBUTOR** 

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Because you spend more than 80 percent of your time indoors, your home must be supportive and nurturing. When you enter your home, you should feel your spirits rise, for your home is the outward expression of your inner life. Your home should reflect the life you want to live.

Do you want to attract love?

Then dress the home as if you are already in a loving relationship.

### 1. De-clutter

The first step in Feng Shui is always to make your home clutter-free. To attract love, you should get rid of anything from past relationships—gifts, photos, love letters, anything with an old love's energy on it. Otherwise you are holding on to that person. Let him or her go to free up your life for love.

# 2. Clear Out

Create an open space in your closet for a future partner's things. Add eight empty hangers to say "I am welcoming you into my life. I have space and time for you." Make room in your drawers, too, creating equal space for your belongings and your partner's. Give unwanted items to someone who needs them, or to a charity, or to a recycling center, always honoring the earth as you decide where such things to go. Avoid giving clothing to friends, so you will be free of seeing your castaways and keeping that energy in your field.

# 3. Pair Up

Arrange bedroom items such as nightstands and lamps in pairs. Display artwork that suggests romance and intimacy. Anything that does not serve

the bedroom's function of offering rest and romance should be removed; this includes photos of friends and family.

### 4. Like with Like

Within those pairs, organize items of similar size; if one lamp on a nightstand is much larger than another, this will create an imbalance in the relationship. Whatever you do on one side of a pair, do the same on the other, even with nightlights and plants.

# 5. Give Electronics the Boot

Your bedroom is the key to creating a sacred home that welcomes the love of your life. Televisions or exercise paraphernalia do not belong there, and electronic equipment should be placed in your office. Such items in the bedroom make relationships appear to be about hard work, not about rest and romance.

### 6. Color Matters

Earth tones are soothing and grounding for attracting relationships. Then you might add small accents in the red spectrum, such as pinks, maroon, or berry. Try to create a room that is neither too feminine or too masculine. Find a nice balance so both persons will feel welcomed and honored in the space.

# 7. Bed Position

Assure yourself that you are supported in life and love. Your bed should be positioned so there is enough space to walk on either side. You should not sleep in line with the door but should see the door from your bed. It is

best not to sleep under a window or have the bathroom on the other side of the headboard.

#### 8. Size Matters

The size of your mattress is important! If you are single with a single mattress, you will stay single, while a King size mattress doesn't encourage romance either. Queen size is perfect for love. It is best not to sleep on a mattress from a previous relationship; if you must, give it a clearing with some sage. Remove clutter from under the bed so energy can flow freely.

#### 9. Remember the Rose Quartz

Rose quartz is the gem for love, compassion, healing and romance. Place two pieces on your nightstand; carry the gem in your purse or car. As jewelry, allow your gem to rest on your heart.

The southwest corner of your home is the area for love. Place two pieces of rose quartz or two peonies—the flowers for love and romance—in that area of your home

### 10. Start with Yourself

Treat yourself lovingly every day and do not wait for someone else to. Use your best bedding of satin or silk and wear your best underwear and nightgowns. Light your candles; buy yourself flowers. To attract love, you need to be, first of all, completely loving with yourself. Be in that vibration of love in order to receive it.

These simple changes say that you are ready, that you invite the love of your life into your life.



Amanda Collins is the founder of the International Feng Shui School, a certification-training program. Born and raised in Ireland. she has studied with leading Feng Shui masters for over 13 years. Amanda trained with renowned masters in China in the Compass School of Feng Shui, Black Sect Tantric Buddhism, Land Form and Traditional Feng Shui. A devoted scholar and traveler, she has also studied sacred spaces in Asia, Australia, Europe and South America. Amanda has worked with many clients including companies like Dream Works, Bloomingdales Morgan Stanley, Hewlett Packard, Bank of America and Hyundai cars. She regularly shares her Feng Shui wisdom through the mass media and has appeared on FOX News, WB and a host of TV stations, as well as in many publications. Amanda is certified in green design, interior redesign and the art of showcasing homes for sale.

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