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# Feng Shui for Self love and welcoming deep love into your life

**By Amanda Collins**



When you enter your home, you should feel your spirits rise, for your home is the outward expression of your inner life. Your home should reflect the life you want to live. If you are ready to attract love or enhance your present relationship then prepare your home as if you are already in a loving relationship.

Creating an environment you love and feel inspired in and is an expression of self love and self worth and when we are truly embodying this we open ourselves to deeply loving relationships.

The first step in Feng Shui is always to make your home clutter free. To attract love, you should get rid of anything from past relationships— gifts, photos, love letters, anything with an old love's energy on it. Otherwise you are holding on to that person. Let him or her go to free up your life for love. Clutter has a way of keeping us stuck in the past and not supporting us as we move forward in life. We hold onto things that provide us with a false sense of security instead of trusting that things will come to us as we need them. In fact, the less attached we are to things, the happier we are. You will discover that after letting go of items you do not need, use or love, you open up to new possibilities. You will feel lighter, have more energy, and become aware of how all these items actually weighed you down. Just because someone gave you something, you do not need to keep it. Perhaps the item was a gift or an inheritance. If you do not need, use or love the item, it becomes clutter. So pass it on and remember: What is the highest good for one is always for the highest good for another.

If you are keeping things "just in case," that attitude may represent a feeling of lack in your life. Trust that everything comes to you exactly as you need it and stay light-filled instead of clutter-filled. Be truly honest with yourself as you clear. What are the reasons that you are keeping any item? Do you keep this just in case? Because you are going to fix it someday? Because you spent a lot of money on it? Because it was a gift? Because you inherited it? Because it is left over from a previous relationship? In fact, these are good reasons to let go of the items!

Create an open space in your closet for a future partner's things. Add eight empty hangers to say "I am welcoming you into my life. I have space and time for you." Make room in your drawers, too, creating equal space for your belongings and your partner's. Give unwanted items to someone who needs them, or to a charity, or to a recycling center, always honoring the earth as you decide where such things to go.

Arrange bedroom items such as nightstands and lamps in pairs. Display artwork there that suggest romance and intimacy. Anything that does not serve the bedroom's function of offering rest and romance should be removed; this includes photos of friends and family. Within those pairs, organize items of similar size; if one lamp on a nightstand is much larger than another, this will create an imbalance in the relationship. Whatever you do on one side of a pair, do the same on the other, even with nightlights and plants.

Your bedroom is the key to creating a sacred home that welcomes the love of your life. Televisions or exercise paraphernalia do not belong there, and electronic equipment should be placed in the office. Such items in the bedroom make relationships appear to be about hard work, not about rest and romance. Colour matters too. Earth tones are soothing and grounding for attracting relationships. Then you might add small accents in the red spectrum, such as pinks, maroon, or berry. Try to create a room that is neither too feminine or too masculine. Find a nice balance so both persons will feel welcomed and honored in the space. Assure yourself that you are supported in life and love.

It is best to position the bed so there is enough space to walk on either side. You should not sleep in line with the door but should see the door from your bed. It is best not to sleep under a window or have the bathroom on the other side of the headboard. The size of your mattress is important! If you are single with a single mattress, you will stay single, while a King size mattress doesn't encourage romance either. Queen size is perfect for love. It is best not to sleep on mattress from a previous relationship, but if you must, give it a clearing with some sage. Remove clutter from under the bed so energy can flow freely.

Rose quartz is the gem for love, compassion, healing and romance. Place two pieces on your nightstand; carry the gem in your purse or car. As jewelry, allow your gem to rest on your heart. The southwest corner of your home is the area for love. Place two pieces of rose quartz or two peonies—the flowers for love and romance—in that area of your home

Treat yourself lovingly every day and do not wait for someone else to. Use your best bedding of satin or silk and wear your best underwear and nightgowns. Light your candles; buy yourself flowers. To attract love, you need to be, first of all, completely loving with yourself. Be in that vibration of love in order to receive it.

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